



April Class Calendar

Classes in **BLACK** are hosted at IRC Healthy Start Coalition | 1555 Indian River Blvd, Suite B241, Vero Beach, FL 32960

Classes in **PURPLE** are hosted at A Caring Center for Women | 1986 31st Ave, Suite 100, Vero Beach, FL 32960

Classes in **RED** are hosted at Gifford Youth Achievement Center | 4875 43rd Ave, Vero Beach, FL 32967

Classes in **ORANGE** are **VIRTUAL ONLY**

MOST classes and support groups are offered **VIRTUALLY!**

	1  Labor Signs & Is it Time? 6PM - 8PM		3 Labor Signs & Is it Time? 10-11:30 AM Labor Signs & Is it Time? 5- 6:30PM Fatherhood Meetup 6PM - 8PM	4 Village of Support 1-2:30PM Hypnobirthing Series Class 1 6PM - 8:30PM		
7	8 Labor, Support, & Birth 6PM - 8PM	9 Labor Signs & Is It Time? 5:30PM - 7PM	10 Fatherhood Meetup 6PM - 8PM	11 Village of Support 1-2:30PM Hypnobirthing Series Class 2 6PM - 8:30PM		13
14	15 Baby's Here! What's Normal? Plus, Practice Basics of Infant CPR 6M - 8PM	16 Labor, Support, & Birth 5:30PM - 7PM	17 Fatherhood Meetup 6PM - 8PM	18 Village of Support 1-2:30PM Hypnobirthing Series Class 3 6PM - 8:30PM		20
21	22  Baby's Here! What's Normal? Plus, Practice Basics of Infant CPR 5:30PM - 7PM	23 Baby's Here! What's Normal? Plus, Practice Basics of Infant CPR 5:30PM - 7PM	24 Labor, Support, & Birth 10-11:30 AM Labor, Support, & Birth 5-6:30 PM Fatherhood Meetup 6PM - 8PM	25 Village of Support 1-2:30PM		27
28	29 Breastfeeding & Your Baby's Cues 6PM - 8PM	30				

Additional information can be found at irchealthystart.org/events
Join us for **FREE** evidence-based education and interaction. Please visit our website to RSVP.