

HEALTHY COMMUNITIES

About the Program:

The Healthy Communities program (formerly known as the P.E.A.C.E. program) goal is to train and support community members and professionals in Perinatal Mental Health. This helps create a large community network of support and education for pregnant women, the other parent, and their families.

Areas of Focus and Support:

- Maternal & Paternal Mental Health
- Pre & Postnatal Bereavement
- Preconception Health
- Community Education and Initiatives Trainings

To learn more about this program, contact jessica@irchealthystart.org

Classes



Programs



Parent Resources



Trainings

